

# Student Wellness Workshop

**“Emotionally Preparing for Step One”**

**Margaret Rea, Ph.D.  
Director of Wellness  
UC Davis School Of Medicine  
Betty Irene Moore School of Nursing**

**Monday, February 6, 2017**

**12 – 12:50 p.m.**

**Education Building, Rm 3225 A/B**

***LUNCH WILL BE PROVIDED FOR THE FIRST 30 PEOPLE***

**Questions?  
Please contact Lao Thao  
lythao@ucdavis.edu  
(916) 734-4121**

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